



Detox Footbath Policy and Consent Form

CONTRAINDICATIONS:

SURGICAL/ ELECTRICAL IMPLANTS – includes pacemaker, TENS unit, breast implants, cochlear implant, etc.

PREGNANT OR BREAST FEEDING – it is suggested to wait for 2 months after childbirth and until breastfeeding is complete.

ORGAN TRANSPLANT RECIPIENT – includes any type of organ transplant also not recommended when you use any kind of anti-rejection medication.

MEDICATIONS - includes heartbeat regulating medication (for ex. Atrial fibrillation) or any medication where the absence of which would cause mental or physical concerns, such as: such as psychotic episodes, seizures, etc.. Medications can be drawn out during a footbath and therefore is not recommended in this type of situation. This could be remedied if medication was taken after footbath.

CHILDREN – Not recommended for children under 8 years of age unless prescribed by a doctor. Children with Autism may be an exception. If a child weighs less than 95 pounds, we recommend starting with 15 minute sessions and work up to full sessions as tolerated.

OPEN SORES – not recommended if you have any open wounds or sores on feet.

EVND's Detox Footbath Policy/Cautions:

- Sessions are 15-30 minutes. This experience should be calming. There should be no discomfort at any time during the treatment.
- Extra hydration is important before, during, and after treatment. The Detox Footbath has been shown to mobilize toxins days following the session. Along with pure fresh water, an alkalinizing electrolyte drink, and/or mineral supplements are recommended daily. Examples can be purchased at EVND if needed.
- The color of the water does not indicate the efficacy of the session. The color changes of the water are reflective of the chemical changes with the minerals in the water and the device.
- It is ideal to schedule a Detox Footbath session just before the taking of your medications so that you can maintain proper blood levels of the medicines in the body.
- Those who have low blood sugar should eat before receiving a session.
- Individuals who have had a substantial part of their colon removed should start with reduced session times as one of their main channels of elimination has been compromised.
- In an effort to maintain a peaceful, pleasant, and healthy environment for all our guests we respectfully request that all cell phones be turned off/to silent and conversations quieted before entering the center. Use of electronics during the Detox Footbath is not recommended.

Detox Footbath Cancellation/No-shows:

- **SINGLE SESSION:** Detox Footbath sessions require cancellation of at least 24 hours' notice (excluding weekends). If you fail to cancel before the 24 hours you will be charged the full amount for the session.
- **Detox Footbath PACKAGE:** If you have purchased a Detox Footbath package, your missed session will be deducted from your package.
- **LATE ARRIVAL:** Your session will be cut short to fit into the remaining time slot unless you are more than 10 minutes late then you will be rescheduled.
- Detox Footbath single/packages: Singles/Packages need to be used within a year of purchase.
- Detox Footbath single/packages are non transferable and non-refundable.

East Valley Naturopathic Doctors Detox Footbath Agreement and Acknowledgment:

- I acknowledge and accept the risks inherent in the use of the Detox Footbath.
- I do not have any of the above mentioned contraindications.
- I have carefully read the above policy/caution instructions for use of the Detox Footbath. I fully understand them and agree to comply with the instructions.
- This agreement is in effect for all Detox Footbath sessions/treatments and will not expire unless requested by either party. I will consult with the staff of East Valley Naturopathic Doctors if I have any further questions.

Signature: _____

FOR PARENTS/GUARDIANS OF A MINOR (UNDER 18)

- By checking this box I, as parent/guardian with legal responsibility for this participant do consent and agree to his/her release as provided above of all the Releases, and for myself, my heirs assigns and next of kin, I release and agree to indemnify and hold harmless the Release from any and all liability incidents to my minor child's involvement or participation in these programs as provided above to the fullest extent permitted by law.

Parent/Guardian of minor: _____